CLAIMS:

1. A method of carrying out chemical reactions at specific temperatures, the method comprising:

applying energy to reactants in a vessel using a source other than conduction beating of the vessel or the reactants;

while concurrently cooling the vessel by conduction by contacting the exterior of the vessel with a fluid.

- A method according to Claim 1 wherein the step of applying energy comprises
 exposing the vessel and reactants to electromagnetic radiation selected from the group consisting of microwaves, infrared, visible and ultraviolet radiation.
 - 3. A method according to Claim 1 wherein the step of providing the flow of conduction fluid comprises directing a flow of air from the instrument to the vessel.

15

- 4. A method according to Claim 3 comprising directing the flow of air from a fan.
- 5. A method according to Claim 3 comprising directing compressed air to the 20 vessel.
 - 6. A method of carrying out chemical reactions, the method comprising: applying energy to reactants in a vessel in an instrument that uses a source other than conduction heating of the vessel or the reactants to heat the reactants;
- concurrently cooling the vessel in the instrument by providing a flow of conduction fluid against the vessel in the instrument;

concurrently monitoring the temperature of the vessel or its contents in the instrument;

adjusting the heating source to maintain the desired temperature at the cooling 30 capacity that the instrument can provide to the vessel.

- 7. A method according to Claim 6 wherein the step of applying energy comprises exposing the vessel and reactants to electromagnetic radiation.
- 8. A method according to Claim 7 comprising exposing the vessel and reactants
 5 to electromagnetic radiation having frequencies selected from the group consisting of microwaves, infrared, visible and ultraviolet radiation.
 - 9. A method according to Claim 6 wherein the step of providing the flow of conduction fluid comprises directing a flow of air from the instrument to the vessel.
 - 10. A method according to Claim 9 comprising directing the flow of air from a fan.
- 11. A method according to Claim 9 comprising directing compressed air to the 15 vessel.
 - 12. A method according to Claim 6 wherein the step of monitoring the temperature comprises monitoring the temperature without interfering with the concurrent heating and cooling steps.

20

10

13. A method of carrying out multi-step chemical reactions, the method comprising:

applying energy to reactants in a vessel in an instrument that uses a source other than conduction heating of the vessel or the reactants to heat the reactants to a first set point;

concurrently cooling the vessel in the instrument by providing a flow of conduction fluid against the vessel in the instrument;

thereafter applying energy to the reactants in the vessel to heat the reactants to a second set point to thereby initiate a second step reaction;

concurrently cooling the vessel in the instrument by providing a flow of conduction fluid against the vessel in the instrument;

concurrently monitoring the temperature and adjusting the heat source during each step to thereby maintain the desired temperature by maximizing the microwave power at the capacity of the cooling source.

- 5 14. The method of Claim 13 further comprising the step of applying energy to the reactants in the vessel to heat the reactants to a third set point to thereby initiate a third step reaction.
- 15. The method of Claim 13 wherein the step of applying energy comprises exposing the vessels and reactants to electromagnetic radiation.
 - 16. A method according to Claim 15 comprising exposing the vessel and reactants to electromagnetic radiation having frequencies selected from the group consisting of microwaves, infrared, visible, and ultraviolet radiation.

15

- 17. A method according to Claim 13 wherein the steps of providing the flow of conduction fluid comprises directing a flow of air selected from the group consisting of compressed air and air from a fan from the instrument to the vessel.
- 20 18. A method according to Claim 13 wherein said second set point is lower than said first set point.
 - 19. A method according to Claim 14 wherein each of said set points represents a temperature different from each of said other set points.

25

20. A method according to Claim 13 wherein the step of monitoring the temperature comprises monitoring the temperature without interfering with the concurrent heating and cooling steps.